

Course Description

PRN0210C | Adult Health I | 10.00 credits

This course focuses on the care of adult/older adult patients with health alterations that require medical and/or surgical intervention. Emphasis is placed on the care of patients with alterations in selected body functions. Concepts of client-centered care, informatics, safe practice, and professionalism are emphasized throughout the course. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to adults in a variety of settings. Prerequisite: PRN0000C, PRN0022C, and PRN0030 (150 Contact Lecture hrs., 150 Contact Clinical hrs.)

Course Competencies:

Competency 1: Collect data on adult and older adult clients to identify deviations from normal that can contribute to alterations in health

Competency 2: Assist in the development of evidence-based plans of care that include cultural, spiritual, and developmentally appropriate interventions and health promotion recommendations for adult and older adult clients with health alterations

Competency 3: Participate as a member of the inter-professional healthcare team in the provision of safe, quality care for adult and older adult clients with health alterations

Competency 4: Demonstrate clinical judgment when participating in the provision of care to adult and older adult clients experiencing alterations in health

Competency 5: Apply knowledge of medications, pathophysiology, and nutrition in the provision of care for adult and older adult clients with alterations in health

Competency 6: Use verbal and nonverbal communication that promotes caring, therapeutic relationships with clients and their families, as well as professional relationships with members of the healthcare team

Competency 7: Demonstrate ability to securely use health information systems and client care technologies in an appropriate, effective manner

Competency 8: Reinforce health and safety-related education based on the identified needs of clients

Competency 9: Use organizational and time- management skills in the provision of client- centered care

Competency 10: Report environmental hazards and client safety concerns

Competency 11: Adhere to ethical, legal, and professional standards while caring for adult and older adult clients with alterations in health

Updated: Fall 2025

Competency 12: Identify the role of the nurse when performing palliative and end-of-life care and the provision of each

Learning Outcomes:

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning
- Formulate strategies to locate, evaluate, and apply information
- Create strategies that can be used to fulfill personal, civic, and social responsibilities
- Demonstrate knowledge of ethical thinking and its application to issues in society